



Shoalhaven
Defence
Families
Association



Open 9am – 2.30pm Monday, Tuesday, Thursday & Friday

*During school terms

Everyone is welcome to participate in an activity, use facilities or enjoy a cuppa and chat.

Regular activities for members and guests include:

- **Cuppa and Chat:** *Monday, Thursday & Friday 9am – 2.30pm*
- **First Friday Club social night:** *1st Friday of the month 6pm*
- **Saturday Night Craft:** *3rd Saturday of the Month 6pm*
 - **Wellness sessions:** *Monthly*
 - **Craft Classes/Workshops:** *Monthly*
- **Playgroup:** *Tuesday 9.30am – 11.30am*

Kooka Kids Creche

Monday, Thursday and Friday 9:30am – 1:30pm

Cost: \$30 one child, \$35 two children

*Bookings Essential

  shoalhavendefencefamilies

Coordinator - Maxine Starkey P: 02 4421 5766 E: shoalhavendfa@gmail.com
BLD 833, 489A Albatross Rd, Nowra Hill - Next to the Fleet Air Arm Museum

www.sdffa.com.au